

**Community Rehabilitation Practice  
and the Aging Process**

**Calendar Description**

Theoretical models, practice frameworks and current research issues related to supporting older persons with disabilities in their communities

**Content/Objectives**

- Myths & realities of aging
- Social, political and economic issues and changes that result from the 'aging of society'
- Theories of aging & research trends
- Social justice issues & aging
- Innovative service design
- Informal supports (e.g. family care-giving, community development) and formal supports (i.e. long-term care, outreach)
- Aging with a disability (e.g. mental health issues, developmental disability)
- Ethical issues and decision-making
- Social policy issues

**Outcomes/Competencies**

- Through a critical research paper students will demonstrate knowledge of disability and the aging process, identify critical issues and suggest areas for future knowledge building.
- Through case studies students will translate the theory of aging with a disability into practice and begin to understand the experience of aging with a disability from a variety of perspectives.
- Through examinations students demonstrate an awareness of the theoretical models, practice frameworks and current research issues related to supporting older persons with disabilities in their communities.

**Assignments**

Midterm exam	<b>20%</b>
Critical research paper	<b>30%</b>
Case study	<b>30%</b>
Final exam	<b>20%</b>

**Resources**

Class readings and on-line resources at <http://blackboard.ucalgary.ca>

*Details for current course offerings are available at: [www.crd.s.org](http://www.crd.s.org)*

## Instructor and Course Information

<b>COURSE:</b> CORE 475	<b>INSTRUCTOR:</b> Carla Hamarsnes
<b>TERM:</b> Fall 2007	<b>TELEPHONE:</b> 249-1554
<b>SECTION:</b> L01	<b>FAX:</b> 220-6494
<b>TIME/DATE:</b> Thursday @ 1:00 – 3:50 p.m.	<b>EMAIL:</b> chamarsn@ucalgary.ca
<b>LOCATION:</b> PF 114	<b>OFFICE HOURS:</b> Off Campus - By appointment

## Course Content

### Topics to be covered

- Myths and realities of aging, demographic characteristics of the aging population, implications of our 'aging society'
- Current research trends in aging
- Theories of Aging
- Social justice issues related to aging (e.g. historical aspects of aging, ageism, disability oppression)
- Innovative service design (informal and formal supports)
- Social support theory, research and practice frameworks, community development
- Ethical considerations
- Persons with disabilities who are aging
- Social policy

## Details of Assignments

### Assignment #1

**Midterm Exam – October 18, 2007** Multiple choice, short answer, essay question.  
(in class)

**Value = 20%**

### Assignment #2

Critical Research Paper- Due November 1, 2007

Write a 10-12 page paper on a topic related to supporting older adults with disabilities in their communities. A minimum of 15 references, 5 of which must be post 2002. APA format required.

**Value = 30%**

### Grading Criteria for Term Paper

Introduction and framing of ideas; clear and concise articulation of the topic, establish the direction of the discussion with clarity	1 mark
Major context of paper; expansion of ideas in introduction, understands the concepts and integrates information, provides critical analysis, contributes new ideas based on analysis or readings, provides appropriate evidence for arguments (relevant and recent), uses personal experience to support points	15 marks
Implications for Community Rehabilitation Practice & Areas for future knowledge building; incorporates reflection and critical thought, demonstrates the ability to apply concepts to practice, discusses implications for personal and professional action	8 marks
Conclusion	1 mark
Presentation/Style; clear and accurate expression of ideas, paragraphs are logical and clearly related to the discussion, careful organization, use of headings, flow of ideas, sentence structure well crafted, appropriate grammar, punctuation and spelling	3 marks
Adherence to APA	2 marks
<b>Total</b>	<b>30 marks</b>

### Assignment #3

**Case study – Due November 22, 2007**

**Value = 30%**

Conduct an interview with an older person (65+) with a disability and possibly their family. Use the format provided to explore their personal circumstances and to develop possible intervention/support strategies. Include in your discussion your personal reflections on the experience. NOTES: Please have participants sign a form indicating their willingness to participate. To protect the anonymity of the senior, please use the first name, initials or a fictitious name.

Part I - Case Study Format (Total for Part I = 7 marks)

Capture their personal story and collect relevant information about their past and present circumstances (3 marks).

- Who is this person? (i.e. age, family history, children, etc.)
- What are his/her valued roles, interests, hobbies, strengths, passions, gifts, etc?
- What are his/her personal circumstances? (Where do they live? Are they involved with services? What are their community, cultural, or spiritual activities? Comment on their current support network)

Describe their disability (3 marks)

- Nature of disability
- Impact of disability (i.e. on daily functioning, attitude, support needs)
- Current adaptation and coping strategies

What are their expectations for the future? (1 mark)

Part II – Support/Intervention Plan (Total for Part II = 15 marks)

Summarize findings and assuming you are a resource person for this individual critically reflect on the situation and develop some possible support/intervention strategies using the follow guidelines:

1. Describe the process you would use to develop a support plan; for example, how will you ensure plan is meaningful to the person? Who would you involve? (2 marks)
2. Identify the major life domains where support may be required (i.e. housing, income, relationships, personal development, civic, etc.). (4 marks)
3. What informal (natural supports) and formal (paid/professional) resources would you recommend? Provide a rationale for your choice. (8 marks)
4. What are some potential issues that may arise with this individual's support/intervention plan? (1 mark)

Part III – Personal reflections (Total for Part III = 6 marks)

Discuss your personal insights and reflections on engaging in this interview process. Highlight some of your main insights/learnings from a personal perspective. For example, examine your own personal biases about aging, how did this process impact on those biases?

Readability and Grammar (1 mark)

References to support work (1 mark)

Provide course and/or other references to support your work.

### Assignment #4

**Value = 20%**

**Registrar Scheduled Exam**

Multiple choice, short answer, essay question.

### Resources

No other textbooks required.

### Marking Scheme

95 – 100	A+	80 – 84	B+	65 – 69	C+	50 – 54	D+
90 – 94	A	75 – 79	B	60 – 64	C	45 – 49	D
85 – 89	A-	70 – 74	B-	55 – 59	C-	Below 44	F

**NOTE:**

**The last day to change/register for courses and pay balance of fees for the Fall session is *September 21<sup>st</sup>, 2007.***  
**The last day to withdraw is *December 7<sup>th</sup>, 2007.***

All assignments will be held at the Community Rehabilitation and Disability Studies office for only one (1) year after the last day of term.

**Academic Accommodation:** Students with a disability, who require academic accommodation, need to register with the Disability Resource Centre <http://www.ucalgary.ca/UofC/Others/DRC> MC 295, telephone 220-8237. Academic accommodation letters need to be provided to course instructors no later than fourteen (14) days after the first day of class. *It is a student's responsibility to register with the Disability Resource Centre and to request academic accommodation, if required.*

**IMPORTANT:** Intellectual honesty is the cornerstone of the development and acquisition of knowledge and requires that the contribution of others be acknowledged. Consequently, plagiarism or cheating on any assignment is regarded as an extremely serious academic offence. Students should examine sections of the University Calendar that present a Statement of Intellectual Honesty and definitions and penalties associated with Plagiarism/Cheating/and Other Academic Misconduct.

### Purchasing a Textbook from the University of Calgary Bookstore:

- Shop On-line [www.calgarybookstore.ca](http://www.calgarybookstore.ca) Click on --> Shop On-line; Click on --> Textbooks; Follow the directions.
- Order by Phone: (403) 220-5937; Toll Free: 1-877-220-5937
- In Person: Go to the University of Calgary Bookstore, MacEwan Student Centre, Room 155, 2500 University Drive NW, Calgary, AB T2N 1N4