



UNIVERSITY OF
CALGARY

FACULTY OF MEDICINE
*Community Rehabilitation
and Disability Studies*

BF
04-29-09

CORE 591.38

Half (3-0)

Rehabilitation Through Recreational Activities

Calendar Description

Issues of planning and implementing recreation, health and wellness programs for persons of varying ability (disability) including advocacy, planning principles, creativity, learning techniques, discovery modalities and teamwork.

Prerequisite: Minimum 2nd year student with CORE focus or admission to Nursing or Kinesiology 267

Content/Objectives

Learning will occur in class and via blackboard postings. A combination of lecture, experiential activities, class discussion, individual reflection, small group work and guest lecture will occur during class meetings. Mandatory related readings will be posted on blackboard at least a week prior to the specific topic being covered in class. Make a point of checking blackboard postings at least once per week.

Specific topics to be covered are:

Building the Foundation

Physical Activity and Disability

The Medical Model: Illness and Diseases

Societal Issues: Ageism, racism & sexism

Building Relationships in the Community

Advocacy

Modalities: Music therapy, Pet therapy, Dance and Theatre, Art Therapy, Recreational Therapy, Hydrotherapy

Ethics in Rehabilitation

Outcomes/Competencies

1. To increase the student's self-awareness and identify personal bias related to persons with varying abilities and the participation of these persons in recreation and leisure activities.
2. To develop discussions regarding the 'right to recreation and leisure' for all citizens
3. To develop methods toward innovative thinking regarding the principles and practices of recreational planning for people of varying abilities.
4. To increase the student's awareness regarding the challenges of holistic health for persons with disabilities.
5. To help students develop professional skills in planning, preparing and implementing quality recreation and leisure programs for all levels of ability and age
6. To develop an awareness of cultural diversity.

Assignments

- | | |
|---------------------------------------|-----|
| 1. Reflective Journal | 30% |
| 2. Mid-term Exam – June 4 | 25% |
| 3. Therapeutic Project – Due: June 18 | 30% |
| 4. Class Presentations | 15% |

Resources

Mandatory related readings will be posted on blackboard at least every week prior to the specific topic being covered in class. Make a point of checking blackboard postings at least once per week.

Details for current course offerings are available at: www.crd.s.org

Instructor and Course Information

COURSE: CORE 591.38	INSTRUCTOR: Andrea Wojcik
TERM: Spring 2009	TELEPHONE: 701-3253 (messages only)
SECTION: L/B 20	FAX: N/A
TIME/DATE: Lectures: Tuesday and Thursday, 4:30 – 7:15pm	EMAIL: andreawojck@yahoo.ca
LOCATION: EDC 384	OFFICE HOURS: Immediately following class as required

Details of Assignments

1. Reflective Journal Due: May 28, June 11 and June 25 (10% per due date)	30%
2. Mid-term Exam June 4	25%
3. Therapeutic Project Due: June 18	30%
4. Class Presentations (based on Therapeutic Project) June 23 and June 25	15%

Note: Students **must** be available for all examinations up to and including the last day of the final exam period.

Assignment Expectations

Spelling errors – every 1-2 errors = 0.5 deduction

Grammatical errors (including incomplete sentences, poor sentence structure, inconsistent tense, etc) – every 1-2 errors = 0.5 deduction

Format errors (missing title page, incorrect margins or font size, missing references, etc.) - every 1-2 errors = 0.5 deduction

Late Penalty: Assignments are due at the beginning of class. Any assignment handed in after that time is subject to a 10% penalty (of assignment value) per day charge including each weekend day. The new day begins at 8:00 a.m. Assignments will not be accepted after 5 days late.

Marking Scheme

A+	95.0 or above	Outstanding
A	89.0-94.9	Excellent Superior completion of assigned work indicating effort, individual style, and demonstrating a comprehensive understanding of course materials.
A-	85.0-88.9	
B+	81.0-84.9	
B	77.0-80.9	Good Creative, well prepared work, demonstrating above average effort, talent or grasp of the material that is distinctly superior to an average effort.
B-	73.0-76.9	
C+	69.0-72.9	
C	65.0-68.9	Average Satisfactory completion of assigned work at a level of effort and competency normally expected of the majority of students.
C-	61.0-64.9	
D+	57.0-60.9	
D	54.0-56.9	Minimal Pass

F Below 54 Marginal performance indicating failure to grasp key concepts.

NOTE:

The last day to change/register for courses and pay balance of fees for the Spring session is *May 19th, 2009*. The last day to withdraw is *June 26th, 2009*.

All assignments will be held at the Community Rehabilitation and Disability Studies office for only one (1) year after the last day of term.

Academic Accommodation: Students with a disability, who require academic accommodation, need to register with the Disability Resource Centre <http://www.ucalgary.ca/UofC/Others/DRC> MC 295, telephone 220-8237. Academic accommodation letters need to be provided to course instructors no later than fourteen (14) days after the first day of class. ***It is a student's responsibility to register with the Disability Resource Centre and to request academic accommodation, if required.***

IMPORTANT: Intellectual honesty is the cornerstone of the development and acquisition of knowledge and requires that the contribution of others be acknowledged. Consequently, plagiarism or cheating on any assignment is regarded as an extremely serious academic offence. Students should examine sections of the University Calendar that present a Statement of Intellectual Honesty and definitions and penalties associated with Plagiarism/Cheating/and Other Academic Misconduct.

Plagiarism/Cheating/Other Academic Misconduct (see Calendar)

A single offence of cheating plagiarism or other academic misconduct is a serious act that will not be tolerated in the Faculty of Community Rehabilitation and Disability Studies. Penalties for such acts will be determined by the Dean and may result in a failing grade, probation, suspension, or expulsion. Any student who is uncertain if an action falls into this category should consult the instructor and/or the calendar.

Purchasing a Textbook from the University of Calgary Bookstore:

- Shop On-line www.calgarybookstore.ca/ Click on --> Shop On-line; Click on --> Textbooks; Follow the directions.
- Order by Phone: (403) 220-5937; Toll Free: 1-877-220-5937
- In Person: Go to the University of Calgary Bookstore, MacEwan Student Centre, Room 155, 2500 University Drive NW, Calgary, AB T2N 1N4