

Calendar Description

Foundations of Disability, Community and Rehabilitation Studies
In-depth study of theory and practice in community rehabilitation domains

Content/Objectives

While the seminar topics will reflect current trends and applications, they may include:

- Vocational rehabilitation return-to-work plans.
- Functional abilities assessment.
- Cognitive assessment and retraining.
- Chronic pain management.
- Assistive and adaptive aids.
- Workplace modifications.

Outcomes/Competencies

- Evaluate and adapt career development theories in practice.
- Identify and plan for the social, psychosocial, cultural factors that impact on a person with an adult onset disability.
- Utilize occupational information to develop RTW programs.
- Identify appropriate components necessary for successful RTW programs.
- Identify career development issues working with Adult Onset Disabilities.

Assignments

Assignment #1	A. Career Theory/Model presentation	35%
	B. Critique of Career Theory/Model presentation	15%
Assignment #2	Personal Career Development model	50%

Resources

CORE 603.03 Readings Package
Purchase from www.calgarybookstore.ca

Details for current course offerings are available at: www.crd.s.org

Instructor and Course Information

COURSE: CORE 603.03	INSTRUCTOR: Karen Cuthbertson
TERM: Spring 2008	TELEPHONE: (403) 560-5048
SECTION: L21 / B21	FAX:
TIME/DATE: April 17 – 19, 2008 plus assignments to June 20, 2008	EMAIL: kecuthbe@ucalgary.ca
LOCATION: PanCan/FCJ Conference Centre	OFFICE HOURS: By appointment

Course Schedule

Note: This course assumes prior knowledge in the field of vocational rehabilitation/career transition. This is an interactive seminar style course. Participation in discussions is essential. Reading must be completed prior to each session.

April 17 – Thursday

8:30 a.m. – 4:30 p.m.

Read: Chpt. 23: Conceptual framework for the study of psychosocial adaptation to chronic illness & disability (Liven & Antonak, 1997).

Read: Chpt 2: Competence acquisition: The role of the professional in rehabilitation (Day, 1992)

Discussion Topics:

- Introduction and Review of Course Outline
- Understanding Quality of Life Issues and Careers
- Role of the Professional
- Elements of Vocational Rehabilitation

Guest Speaker: Steve Kuyltjes - The Occupational Therapist's Perspective

April 18 – Friday

8:30 a.m. – 4:30 p.m.

Read: Chpt. 8: Disability counseling: Grieving the loss (Webb, 1992).

Read: Chpt. 1: Psychosocial adaptation to chronic illness and Disability

Read: Medically unexplained pain is not caused by psychopathology (Galiese & Katz, 2000)

Read: Efficacy of multidisciplinary pain centers in the treatment of chronic pain (Turk, 1996)

Read: Chronic pain and the injured worker: A sociobiological problem

Discussion Topics:

- Impacts of Adult Onset Disability
- Psychosocial Adaptation & Theories

Guest Speaker: Penny Ford – The Cycle of Pain

April 19 – Saturday

8:30 a.m. – 4:30 p.m.

Read: Chpt 8: Rehabilitation counseling practice: Considerations and Interventions (Patterson, Delagarza & Schaller, 1998)

Read: Chpt. 12: Job placement (Rubin & Roessler, 1995)

Read: Employers & Job development: The business perspective (Millington, Asner, Linkowski & Der-Stepanian, 1996)

Read: Occupational and labour market information and analysis (Patterson, 1996)

Discussion Topics:

- Occupational Information: Labour Trends, NOC, & Labour Market Research
- Job Search Strategies
- Placement Options

Guest Speaker: TBA

Additional Resources and Sources

- Alberta Advanced Education and Career Development. (1994). *Creating a new future: the job-loss workbook*. Edmonton, Alberta: Learning Resources Distributing Centre
- Alberta Advanced Education and Career Development (1998). *Positive Works II* (Catalogue Item #332891). Edmonton, Alberta: Learning Resources Distributing Centre.
- Alberta Advanced Education and Career Development. (1996). *Radical Change in the world of work*. Edmonton, Alberta: Learning Resources Distributing Centre.
- Brown, D., Brooks, L., & Assoc. (1991). *Career choice and development*. San Francisco: Jossey-Bass.
- Jackoben, J. (1998). *Working Alliances & the Politics of Difference*. Bloomington: Indiana University Press.
- Lea, H.H., & Leibowitz, Z.B. (1992). *Adult career development: concepts, issues and practices*. Alexandria, VA: The National Career Development Association.
- Livneh, H. & Antonak, R. (1997). *Psychosocial Adaptation to Chronic Illness and Disability*. Maryland: Aspen.
- Martin, E.D., & Gandy, G.L. (1990). *Rehabilitation and disability psychosocial case studies*. Springfield: Charles C. Thomas.
- O'Reilly, E., & Alfred, D. (1995). *Making Sense of Labour Market Information*. Canadian Guidance Counselling Foundation.
- Parker, R. (Ed). (1987). *Rehabilitation Counseling: Basics and Beyond*. Texas: Pro-Ed.
- Parker, R. & Szymanski, E. (Eds) (1992). *Rehabilitation Counseling: Basics and Beyond*. (2nd ed.) Texas: Pro-Ed.
- Robertson, S.E. and Brown, R.I. (1991). *Rehabilitation Counseling: Approaches in the field of disability*. London: Chapman & Hall.
- Robinson, F. Jr., West, D., & Woodworth, D. Jr. (1995). *Coping + Plus Dimensions of Disability*. New York: Praeger.
- Roessler, R., & Standford, E. Rubin. (1994). *Case Management and Rehabilitation Counseling*. Texas: Pro-Ed.
- Schlossberg, N. (1984). *Counselling adults in transition: Linking practice with theory*. New York: Springer.
- Shulman, L. (1992). *The Skills of Helping: Individuals, Families, and Groups*. Illinois: Peacock.
- Sharf, R. S. (1997). *Applying Career Development Theory to Counseling* (2nd edition). Pacific Grove: Brooks and Cole.
- Shrey, D., & Lacerte, M. (1995). *Principles and Practices of Disability Management in Industry*. Winter Park, Florida: GR Press.
- Sullivan, Lawrence E. (1994). *The Parabola Book of Healing*. New York: The Continuum Publishing Company.
- Szymanski, E., & Parker, R. (Eds) (1996). *Work and Disability: Issues and Strategies in Career Development and Job Placement*. Texas: Pro-Ed.

Relevant Journals:

The Journal of Applied Rehabilitation Counseling
The Journal of Vocational Rehabilitation Counseling
Rehabilitation Counseling Bulletin
Rehabilitation Digest
Journal of Vocational Behaviour
The Career Development Quarterly

Psychiatric Rehabilitation
Psychosocial Rehabilitation
International Journal of Rehabilitation
Disability and Rehabilitation
The Counseling Psychologist
Annual Review Psychology

Assignments

Assignment #1 (Parts A & B)

A. Career Theory/Model Power Point Presentation (Blackboard)

Value 35%

Choose from the following list of career theory/models:

- Krumboltz –Social Learning theory of career choice
- Schlossberg – Transitional
- Holland – Vocational personalities and work environments
- Super – Life Span-Self Concept theory (developmental)
- Gottfredson's – Theory of Circumscription and Compromise (developmental)
- Dawis & Lofquist – Work Adjustment theory
- Hackett & Betz - Social Cognitive Career theory

Note: With prior approval from instructor another choice can be made that is not on the above list

Create power point presentation that covers the following points:

- a) Provide the important points of the model/theory-conceptual framework
- b) Identify the basis/roots of the model/theory
- c) Identify the weaknesses/strengths (Empirical evidence from the literature)
- d) Implications for counseling

Due by May 9th, 2007 – Midnight. Post to Blackboard

B. Critique of Career Theory/Model power point presentations –Postings

Value 15%

- a). Between **May 9-16th, 2007** review each student's power point submission.
- b). Respond to each presentation by providing constructive feedback: Does the presentation cover the above points? Comment on your interpretation of application of the theory. Add something new from current literature to the dialogue

Postings must occur by May 16th-midnight.

Assignment #2

Total Value 50%

A. A Personal Career Development Model

Using the information gleaned from the career theories/models discussed in the power point presentations develop a personal career development model that integrates a career theory and your personal belief structure. By using a case study (one of your own), implement your practice framework. The paper will include the following:

1. Over view of career theory or components that would become part of your practice framework incorporating your personal belief structure. Integrate the literature. **Value: 20%**
2. Case Study –Presenting career/work issue, work & career history **Value: 5%**
3. Integration of Step 1 with your case study. How would you put it into practice? Reflections of the process? **Value: 25%**

Note: Should you not have a case study to work from you can locate an individual experiencing an "adult onset" disability, develop a partnership and collect the data as per the case study outline provided in Appendix 1.

Due: June 20, 2007

Marking Scheme

95 – 100	A+	80 – 84	B+	65 – 69	C+	50 – 54	D+
90 – 94	A	75 – 79	B	60 – 64	C	45 – 49	D
85 – 89	A-	70 – 74	B-	55 – 59	C-	Below 44	F

NOTE:

The last day to change/register for courses and pay balance of fees for the Spring session is **May 16th, 2008. The last day to withdraw is **June 26th, 2008**.**

All assignments will be held at the Community Rehabilitation and Disability Studies office for only one (1) year after the last day of term.

Academic Accommodation: Students with a disability, who require academic accommodation, need to register with the Disability Resource Centre <http://www.ucalgary.ca/UofC/Others/DRC> MC 295, telephone 220-8237. Academic accommodation letters need to be provided to course instructors no later than fourteen (14) days after the first day of class. **It is a student's responsibility to register with the Disability Resource Centre and to request academic accommodation, if required.**

IMPORTANT: Intellectual honesty is the cornerstone of the development and acquisition of knowledge and requires that the contribution of others be acknowledged. Consequently, plagiarism or cheating on any assignment is regarded as an extremely serious academic offence. Students should examine sections of the University Calendar that present a Statement of Intellectual Honesty and definitions and penalties associated with Plagiarism/Cheating/and Other Academic Misconduct.

Purchasing a Textbook from the University of Calgary Bookstore:

- Shop On-line www.calgarybookstore.ca/ Click on --> Shop On-line; Click on --> Textbooks; Follow the directions.
 - Order by Phone: (403) 220-5937; Toll Free: 1-877-220-5937
- In Person: Go to the University of Calgary Bookstore, MacEwan Student Centre, Room 155, 2500 University Drive NW, Calgary, AB T2N 1N4

Appendix 1

CASE STUDY OUTLINE

Personal Story: Introduction/Summary (Narrative)

- who this person is (age, relevant family history, marital status, children)
- brief education and employment history
- diagnosis (as the client knows it)
- clarify partnership with client

Description of Disability: Medical History

- onset of disability, i.e. motor vehicle accident or gradual onset
- injuries sustained and/or disability type
- treatments, modes of therapy (chiropractor, acupuncture, surgery, physiotherapy), duration
- assistance devices required, if any
- present exercise program, special care needed
- medications - past and present

Impact of Disability on Daily Living:

- outline present symptoms
- pain level - have patient describe activities which make it worse, what they do to make it better
- adaptation's and coping strategies

Limitations: Physical

- client's perceived physical limitations to disability (standing, sitting, bending, lifting, crouching, stair climbing)
- client's energy level
- What do they do differently or not at all (i.e.: leisure pursuits)
- client's sleep habits, and affect

Psychological/Sociocultural Factors

- significant others involved in their lives (emotional support, financial support)
- traumatic injury versus gradual onset
- client's attitude (frustrated, angry, depressed, positive)
- client's acceptance of disability, accommodation, work and disability
- family impact, reactions to disability, family role, other social issues, other barriers
- behaviour exhibited during interview

NOTE: Some of this section will be based on your observations during the interview.

Vocational Information: Career Adjustment Issues

Education

- grade completed, training obtained - college, university, upgrading, on the job training, etc.
- client's feelings surrounding training/education, willingness to re-train if required
- other interests (hobbies, talents, courses)

Employment Experience

- an overview of work history: type of job, duties, why they left, how they liked each job, skills required
- do they see themselves as employable
- importance of work to them
- client career adjustment issues (family, relocation, further education, financial obligations, supported employment, other alternatives)

Future Goals

- client perspective on his/her future
- short and long term goals (educational/vocational)
- further treatment/intervention plans